

INTRODUCTIONS

Rich, Cecelia, Lisa, Mary, Rick, Cordella, Madhav, Jeff

SHIRT SIZES

TRAVEL DETAILS

FLIGHT

PBI 7:00 AM – ORD 9:20 AM Oct 27

ORD 13:10 PM – AUH 11:40 AM Oct 28

AUH 14:15 PM – KTM 20:10 PM Oct 28

KTM 21:10 PM – AUH 00:40 AM Nov 12

AUH 9:25 AM – ORD 14:30 PM Nov 12

ORD 19:47 PM – PBI 23:38 PM Nov 12

BAGGAGE

(2) checked bags 23kg	(1) carry-on 7kg**	(1) personal bag 5kg
70cm x 50cm x 38cm	50cm x 40cm x 25cm	under the seat

**We will give you each (1) laptop, 2kg, to carry for us.

MAP



World Map



WEATHER

Today 80 – 63degF. Oct 27 will be a bit cooler. 74 – 53degF. Monsoon should be over and it will be dry. Plan for comfortable days and cool nights. You will be walking so layers of clothing you can easily take off work best. Everest trail will be about 15 degrees cooler, today is 66-51degF.

HOTEL



Royal Singi ****
<http://www.royalsingi.com/>

MEALS

We will have breakfast every day in our hotel. During the day we will have one sit down meal for lunch or dinner depending on the itinerary. We will make frequent rest stops during the day for water, tea and snacks.

TRANSPORTATION

We will be traveling by SUV for our day trips and by motorcoach bus on the overnight trips. Trips may be long and bumpy at times.

TOILETS

In our hotels the bathrooms will be similar to the USA. During the day we will make an effort to offer rest stops at the best restrooms available. Public toilets are squat style toilets and are often very dirty. This is the most unpleasant part of traveling to Nepal. We will do all we can to make it as comfortable as possible – we will be using the same services as everyone in the group, for men and women. It is highly recommended you have your own toilet paper during the day, hand sanitizer and dress appropriately.

MONEY

Money can be exchanged for Rupi in the Hotel. You will need money for snacks and to make souvenir purchases. \$25 per day should be plenty for snacks or additional food & drinks. Shopping money depends on what you buy. Items can range from \$2 or \$5 to \$100.

FESTIVAL

Nov 5-9 Tihar

Tihar is Nepal's second most important festival. In each of the three days, a different deity is worshipped: on the first day the crow, the messenger of Yama (the bringer of death); on the second, dogs, which are believed to be Yama's custodian; and on the third, the goddess Lakshmi is worshipped, the bringer of wealth. Lakshmi is worshipped by lighting houses with oil lamps, candles and colorful lights. Nov 5th is Cecelia's and Rich's birthday - same day, same year!

TOUR & SITES

Our itinerary is packed every day. There are more sites and amazing places to visit than we could ever visit in one trip. If you need to opt out and take a break let us know.

PACKING

electricity is 50Hz 220v, most phones and laptops have built in adapters. Check your items to make sure. shoes, overnight bag, LAPTOPS, cameras, walking sticks, hat, sunglasses, MEDS. (See packing list)

CALLING

PUT YOUR PHONE ON AIRPLANE MODE. The hotels will have WIFI. It may be spotty so take advantage of it when you can. Facetime, Skype, Viber, WhatsApp or email are good alternatives to making phone calls.

VISAS & PERMITS & PASSPORTS

Everyone will receive a 15 day tourist visa and a permit for the national park area where necessary.

OUR PROJECT

We will be arriving in Nuwakot District on Tuesday. It will be a 3hr ride to the region. We will be greeted by the entire village in a big celebration. We will dedicate a water tank at the school. We will dedicate 2 water system projects that have been completed. We will distribute 30 water filter jugs to representatives coming from schools and medical posts throughout the region. Then we may have time to scope out our next project area. It will be an amazing experience.

FOOD, SAFETY, GIFTS, VOTE EARLY

Upcoming CDWT Events: Oct 11, Nov 15, Dec 13

<https://www.cdwt.org/nepal2018>

